



INSIGHTS

NEWSLETTER

IEEE WIE FORUM USA EAST

WELCOME MESSAGE

ISSUE 6 | AUG-SEP 2024

As we launch this year's forum with the theme, "Own Your Power Skills," we're reminded that the back-to-school season is a perfect time for all of us—whether just starting our careers or firmly established—to embrace learning, growth, and self-improvement. Just as students prepare for a fresh academic year with new supplies and open minds, we too can revisit our goals, expand our skill sets, and reignite our passion for engineering and technology.

In today's fast-evolving professional world, technical expertise alone isn't enough. To truly excel, we must develop our power skills—the leadership, communication, adaptability, and emotional intelligence that enable us to navigate challenges, collaborate effectively, and lead with confidence. Much like the start of a new school year, this forum offers the opportunity to dive into these essential skills and commit to owning the strengths that will shape our future.

With fall around the corner and new responsibilities ahead, learning to manage time effectively is key to maximizing your potential and leading with clarity.

2024 IEEE WIE Forum USA East Organizing Committee

CONTACT US



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<https://attend.ieee.org/wie-forum-usa-east-2024>

POWER SKILLS SPOTLIGHT

Skill of the Month: Mastering Time Management

Tips for Success

1. **Prioritize Tasks**
2. **Set Clear Goals**
3. **Use Time Blocks**
4. **Focus on One Task at a Time**
5. **Take Regular Breaks**

STAMFORD, CT SNIPPETS

- Stamford, CT, is known as one of the fastest-growing cities in the Northeast, home to over 45 Fortune 500 companies, making it a hotspot for innovation and business.
- Dubbed the "Silicon Harbor," Stamford has become a rising tech hub, attracting startups and established tech firms alike. Its strategic location makes it ideal for tech and engineering professionals.

FORUM ANNOUNCEMENTS

September 27, 2024 - Early Registration Deadline

<https://attend.ieee.org/wie-forum-usa-east-2024/registration/>





RESOURCES AND TIPS

As summer fades and fall arrives, we welcome a season of transformation and new beginnings. Just as nature transitions, we too can seize this opportunity to develop our power skills and advance our careers.

Here are some strategies to help you navigate this season of change.

Enroll in Online Courses: Consider enrolling in courses designed to enhance your power skills.

Read Books on Personal Development: Autumn is the perfect time to cozy up with a good book.



Join Professional Networking Events: As the leaves change, so too can your network. Look for local or virtual networking events that focus on your industry or career interests.

Practice Time Management: With a busy schedule ahead, mastering time management is essential.



We'd love to hear how you're managing this period of change—share your experiences with us!

FORUM PROGRAM

We're excited to introduce the three impactful tracks at the IEEE Women in Engineering Forum USA East 2024!

● Empowerment in Action

● Engineering the Future

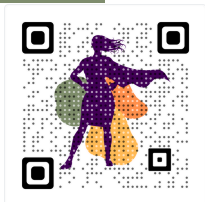
● Navigating Career Success

This year, our sessions are meticulously designed to empower, inspire, and equip you with the essential skills to thrive in today's fast-paced world. Dive into engaging topics such as "Optimizing Performance: Goal Setting Strategies for Industry and Academia," "Innovative Leadership: Enhancing Skills for Thinking Outside the Box," and "ChatGPT as Your Interview Coach."

Don't miss out on the chance to own your power skills and make meaningful connections—register today and take the first step towards transforming your career!

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NOV 7-9, 2024
STAMFORD, CT

